



# ARCH Transitions Program

Achieving Reachable Challenges & Heights



Training	Description	GVRA	DJJ	OTHER
Self-Awareness	A variety of self-building activities and the individual community service project is due during this time	30-60 hrs.	45 hrs.	30 hrs.
Work Readiness Basic	Scheduled activities to align with the required "Team" community service project. Below you will see some of the trainings incorporated into this project base learning program	240 hrs.	200 hrs.	200 hrs.
Work Readiness (+)	If someone need extra time to master a task their trainings will be extended and additional hrs. will be added to the basic training. (Example GVRA making the total time 360. This additional 120 hrs.). This will be additional training but with a different approach	360 hrs.	250 hrs.	250 hrs.
Anger Management	Our anger management program is incorporated only after an assessment is made and it is required for someone to participate. The ARCH staff has partnered with a local boxing program in their area, this program is fulfilled with boxing and counseling	30-120 hrs.	90-120 hrs.	30-120 hrs.
Beyond the Class Room	Socialization and preparing to live on their own, budgeting, understanding credit, paying taxes, understanding their pay checks, balancing a check book, cooking lessons, driving lessons, grocery shopping, (this depends on the needs of the participants)	30-120 hrs.	30-60 hrs.	30-60 hrs.
Life Skills	Life Skills, soft skills may or may not be incorporated into the work readiness program directly, but if the assessment states life skills are a primary skill need, there will be a variety of scheduled activities and trainings added to their case plan as required.	120-360 hrs.	30-60 hrs.	30-60 hrs.
College Bound	Everyone will take a field trip to a technical college, if someone is interested in college our ARCH Leaders will take over. For our GVRA participants they will work with the disability service department, provide one-on-one tutoring and monthly gatherings. For anyone other than GVRA they will provide tutoring, and for both they will make sure they have knowledge of all of their resources.	100 hrs.	40 hrs.	40 hrs.
Job Sampling	Participants will be encouraged to select up to 3 different career fields if they are undecided. If they know or have a clear vision they will be allowed to visit different types of employer's example: they want to Cook, they will research then visit at least three different types of restaurants, example: fast food, café, fine dining, pizza, etc.,	20-40 hrs.	20 hrs.	20 hrs.
Job Shadowing	Participants will spend up to 4 hours with a person in the field they are interested in. In the past we have had police, fireman, nurses, offices, hotel, pet store, humane society and restaurants	20 hrs.	20 hrs.	20 hrs.
Job Training (Coaching)	Through the ARCH Program we help our participants find employment and ensure they use the tools they were given, if needed we provide additional training to ensure they keep the job. This is worked out with the employer before the participant starts working. The time frame is also specified through GVRA if required	100 hrs.	40 hrs.	40 hrs.

## ARCH Transition Program has 3-Major Components,

Building Self-Awareness, Work Readiness, Obtaining & Maintaining Employment



Filing out an application • Signatures • Attitudes in the workplace • Work Safety • Organizational Skills \* Goal Setting  
 Money Management • Problem Solving \* Teamwork vs Working Alone • Time Management • Job Search Techniques •  
 Job Interviews • Dressing for Success \* Communication and Interpersonal Skills • Decision-Making • Creative thinking  
 \* Critical thinking • Self-Awareness and Empathy \* Assertiveness and Self-Control • Policy & Procedures \* Leadership  
 Skills • Community Service • Attitudes/Respect • Anger Management • Career Exploration